

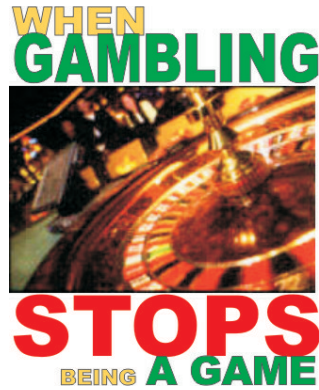


Greg Scriver, B.Ed., M.Ed.
Registered Clinical Counsellor

Mr. Scriver was one of the first practitioners in British Columbia and Canada to provide an assessment treatment program for problem gamblers.

Since 1993 he has attended a number of National and International conferences and professional training programs on problem gambling.

Greg brings up to date information and expertise on the subject of gambling from leading authorities in both Canada and the United States. He has extensive background, training, and experience in assisting Youth, First Nations and Seniors with gambling problems.



WE CAN HELP

If you or someone you care about, would like more information about Problem Gambling and The Ministry Sponsored Services that we provide, please give us a call and get on the road to...



Call
**(250) 374-3388 or
Toll Free 1-877-374-7457**
Kamloops, B.C.

 **BRITISH COLUMBIA**
Ministry of Public Safety
and Solicitor General

PROBLEM GAMBLING PROGRAM



Do you or someone you know have a problem with gambling?

We can help!



To make an appointment (no charge) or to obtain further information please give us a call at:

**(250) 374-3388 or
Toll Free: 1-877-374-7457**

www.counsellingconnections.ca















About Problem Gambling

For the majority of people who go to the casino, racetrack, bingo hall, play keno or lottery tickets, gaming is a form of fun and entertainment. However for a small percentage of those who get involved, it can become more than a social experience.

For some the “action” of gambling provides a feeling of intense excitement, power and hopeful anticipation. The gambler becomes dependent upon “action” in the same way they might become dependent on the effects of alcohol or other drugs. For them gambling becomes compulsive, and loss of control of gambling leads to mounting personal and family problems. Research consistently concludes that between 2% and 5% of those who gamble are problem gamblers.



DO YOU HAVE A PROBLEM WITH GAMBLING?

-  Do you feel the need to cut down on your gambling?
-  Do you feel annoyed by criticisms of your gambling?
-  Do you feel guilty about your gambling?
-  Do you borrow money to gamble?
-  Do you gamble more than you intend to?
-  Do you often gamble until all your money is gone?
-  Do you lie about your gambling?
-  Do you hide evidence of your gambling (betting slips, lottery tickets, IOUs)?
-  Do you lose time from work or school as a result of your gambling?
-  Do you gamble while under the influence of alcohol or other drugs?
-  Do you gamble to pay debt or solve financial difficulties?
-  Do you feel anxious, hopeless, depressed or suicidal about your gambling?

*If you answer
YES to any of these questions,
you may have a problem
with gambling.*



HOW TO TALK ABOUT PROBLEM GAMBLING



You can't make someone stop gambling, but showing concern and support are important steps in helping a problem gambler receive professional help.

- Tell the person you care about them and you're concerned about their behaviour
- Avoid sounding judgmental - remember it's the behaviour that's the problem, not the person
- Tell the person how their actions are affecting others - be specific
- Remember that people in this situation are vulnerable
- Let the person know you are willing to help, but don't try to counsel them yourself
- Provide information, not advice - share copies of this brochure
- Encourage them to find out about the self exclusion program by contacting the BC Lottery Corporation
- Encourage them to seek help from a professional counsellor by calling

Community Counselling Connections
(250) 374-3388 or
Toll Free 1-877-374-7457